## **Mercer County Stables**

## Adaptive Riding Program Volunteer



The Adaptive Riding Program is a riding lesson program for individuals with disabilities. Although some of our riders are able to ride on their own, the majority require assistance from a leader and /or one or two side-walkers. Our program runs on Sunday mornings to early afternoons and Monday and Wednesday afternoons.

Volunteers are vital to the success of our program as well as to the success of our riders.

Under the supervision on the Mercer Stables Director/Adaptive Riding Instructors, perform tasks associated with Mercer Stables Adaptive Riding Program. No experience is necessary (for most jobs), just your willingness to commit to the volunteer schedule, our programs, and our mission to provide inclusive equine-related recreational and educational activities that improve Mercer's emotional, physical, and mental health County residents.

## Typical duties include:

- Leading horses in & out for lessons.
- Grooming and tacking horses for lessons.
- Leading and/or side walking during lesson.
- Setting up and putting away tack and equipment before and after lessons.

## Requirements:

- Must be at least 16 years of age,
- Must be comfortable working around and with horses.
- Must own and wear safety-toe boots while volunteering.
- Must be committed to assigned volunteer schedule because we depend on our volunteers!

To volunteer, please call or email our Adaptive Riding Instructors at:

Email: adaptiveridinginfo@mercercounty.org

Phone: (609) 730-9059 x 403