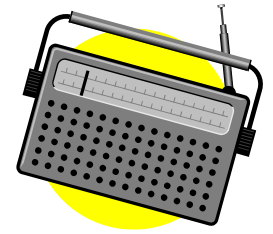


What you need to know to “Shelter-in-Place”

Shelter-in-Place means to **remain in your home or workplace during an emergency**, and **protect yourself there**.

While Sheltering-in-Place you should **listen to your local radio or TV stations for the latest updates**. Emergency management officials may use radio broadcasts to give you further instructions. **They will also let you know when the emergency has passed**.



Sheltering-in-Place is **the first action you should take during most types of emergency**.

If an emergency is taking place and you are unsure what to do, first Shelter-in-Place. Then listen to the radio for instructions from emergency management officials.

BEFORE it is time to Shelter-in-Place

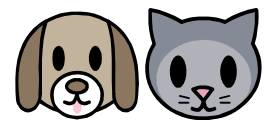
Identify a safe room in your home. (Avoid the basement unless the emergency is a tornado)

- It should be an **interior room** that is **without windows** and is **above ground level**.
 - ◆ It is ideal to have a **hard-wired telephone**, rather than a cordless or cell phone.
- Close and lock all **windows and exterior doors**.
 - ◆ If you are told there is danger of explosion, close the **window shades, blinds or curtains**.
 - ◆ Turn off all **fans, heating and air conditioning** systems.
 - ◆ Close the **fireplace damper**.
- In case the power goes out:
 - ◆ Open **refrigerator and freezer** doors only when absolutely necessary. Close them quickly in order to keep cold in and heat out.
 - ◆ Turn off major appliances to reduce the power surge when electricity is restored.
 - ◆ Keep a supply of **flashlights and extra batteries** handy. **Avoid open flames**, such as candles and kerosene lamps, as a source of light.
 - ◆ Remember to listen to your **battery-powered radio!**
- Store **drinking water** in clean bathtubs, sinks, jugs, bottles and cooking utensils.



- **TIP:** First sterilize bathtubs and sinks with bleach, then flush with water to remove bleach.
- Keep your **pets** with you, and be sure to bring additional food and water supplies for them.
- Create an Emergency Supply Kit and have a **“Go Bag”** or **“Go Kit”** ready.

Keep listening to your radio or television until you are told all is safe or until you are told to **Evacuate** or take other **Protective Actions**.



Depending on the emergency, local officials may call for Evacuation or Health-Related Actions in specific areas at greatest risk in your community.

What you need to know if you have to Evacuate

To Evacuate means to **leave your home or workplace** during an emergency, and **follow an Evacuation Route to a safe shelter**.

Before and while Evacuating you should **listen to your local radio or TV stations for the latest updates**.

Emergency management officials will use **radio and TV broadcasts, including Emergency Alert System messages**, to give you further instructions.



This may include information on your nearest **Evacuation Route** and your nearest **public shelter**. **If you do not have access to a car**, broadcast information should let you know about **bus or other public transit routes** that will be made available to you.

When evacuating, you should consider taking the following items for your **“Go Bag”** or **“Go Kit”**:

- Battery-powered radio, flashlights and extra batteries
- Extra clothing, including undergarments, and footwear
- Two blankets per person
- Medical items such as prescriptions
- Any specialty items related to disabilities
- Childcare items such as diapers and baby formula
- Cash, identification and keys
- Copies of important documents
- Food or snacks
- Reading material or children’s toys



Think about the **number of bags**, since you and your family may need to carry these items. These items and bags are your **“Go Kit.”** Prepare them before an emergency strikes and **keep them with your Emergency Supply Kit**.

Remember: If your home is threatened by flooding or fire, you may have as little as **10 minutes** to evacuate. Trying to think of what to save is very difficult in these circumstances. Consider keeping a list of high-priority items you might try to save if you only had 10 minutes. If you cannot carry these items, leave them!

